

**Healthy Transformations presents:
AZ Play with Purpose Retreat- Oro Valley Jan. 2nd-6th, 2019**

Only \$495 includes:

4 nights of lodging at World Mark Rancho Vistoso, (14 miles north of Tucson)
13355 N. Hidden Springs, Oro Valley, AZ

*3 women per condo (3 condos available) 2 bedroom/2 bath
master king suite (single or shared)
2nd bedroom: 2 twins (single or shared) or
queen pull out in living room*

8 meals: 4 breakfasts, 1 home-cooked dinner, 2 excursion lunches, 1 sunset wine and appetizers dinner, snacks, non-alcoholic beverages

Transportation to/from airport- resort, both directions (between 12-2 p.m.(day of arrival 1-2-19 and departure 1-6-19) If you prefer to have your own rental car, that is great too. Transportation to daily excursions.

You are responsible for :

r.t. airfare from Seattle to Tucson

2 dinners out

meals prior to dinner on day of arrival, and after breakfast departure day

2 lunches on days of optional excursions

2 hour sunset horse back ride \$65-\$70

Admission to Desert Museum \$21.95

Tai Chi cost \$10 + Mission Gardens entrance \$8

DeGrazia Gallery admission \$8

Please bring:

walking shoes, swimsuit, layers for cold mornings & nights,(including gloves, hat), camera, water bottle or bladder for hiking, sunscreen, small backpack for hikes, or your golf shoes/golf bag.